



## Herbal Cupcakes

Recipe (makes 48 mini-cupcakes):

1 package Carrot Cake Mix (and ingredients as recommended on box)

15 ounce can Pure pumpkin Puree

Herbs as prescribed by Dr. Kim

Cream Cheese & Bacon bits optional as topping if needed to entice your dog

Instructions:

Prepare cake mix according to directions, but do not add any water

Add herbal medication prescribed to your pet

Add 1 can pureed pumpkin (15 ounces) to mix

Add a small amount of water to get consistency desired

Bake as directed on box for mini-cupcakes in lined mini-cupcake pan or using mini cupcake maker

Chinese herbal medication can be used to treat a wide variety of medical conditions in dogs and cats. These medications are concentrated formations of plant material that have been shown through the centuries to benefit certain conditions. Chinese herbs are generally very safe to give to pets, with minimal side effects and interactions with other medications or treatment modalities. The most common challenge to giving herbal medication is their sometimes pungent aroma or taste. Since animals have a heightened sense of smell, they can sometimes be resistant to herbal formulas. We have developed a very simple recipe, that has worked well with even the most notorious Chinese herbal medications, to have your dog enjoy getting their medications! Who wouldn't want a cupcake after each meal?

Please keep in mind that these cupcakes (using Betty Crocker box mix) contain approximately 35 calories per cupcake (without topping) and 85 calories per cupcake (with topping). This will change with the type of boxed mix used and the amount of topping used. Therefore it is important to adjust your dog's diet to reflect the increase in caloric consumption. It is also important to remember that Chinese herbal medications are all plant material and all plants are ok to heat. This is not the case with traditional medications and supplements such as antibiotics, anti-inflammatories, glucosamine, etc..

Amazon link for easy cupcake maker ...

[https://www.amazon.com/Betty-Crocker-BC-2930CRT-Cupcake-Maker/dp/B00K05AZ1Y/ref=sr\\_1\\_1?ie=UTF8&qid=1494016827&sr=8-1&keywords=betty+crocker+cupcake+maker](https://www.amazon.com/Betty-Crocker-BC-2930CRT-Cupcake-Maker/dp/B00K05AZ1Y/ref=sr_1_1?ie=UTF8&qid=1494016827&sr=8-1&keywords=betty+crocker+cupcake+maker)